



Edge Fitness Center

2217 Commerce Road, Forest Hill, MD. 21050
410-893-4153 www.edgefitnesscenter.net

HOURS:

Monday – Thursday: 5:30 AM – 10:00 PM
Friday: 5:30 AM – 8:00 PM
Saturday and Sunday: 7:00 AM – 4:00 PM

NO Initiation Fee, Only 250 full Memberships!

MONTH	INDIVIDUAL			COUPLE			FAMILY **		
	Monthly	3 MO.*EFT	1 YR.*EFT	Monthly	3 MO.*EFT	1 YR.*EFT	Monthly	3 MO.*EFT	1 YR.*EFT
One	\$89	\$70	\$65	\$130	\$100	\$90	\$175	\$150	\$135
Three	----	\$210		----	\$300		----	\$450	

SENIORS and STUDENTS only \$50 per month!

*EFT pricing is for a 3 or 12-month term. One-month fee is withdrawn monthly for 3 or 12 months from your credit or debit card. 3-month in advance by check or cash is at the 3 MO. EFT rate. **Family Rate is for up to 4 members, additional family members \$25 each.

Seniors age 62 and over. Students must be full time.

Rates are subject to change without notice.

All new members receive a FREE training consultation, to develop a program tailored to their goals.

Personal and Caring Attention
Cardio Equipment
Circuit Training
Free weights
Abdominal & Core training
Jazzercise & Yoga Classes
Flexibility Training

Personal Training
Sports Conditioning Classes
Members Only Group Fitness
Youth & Private Team Sports Camps
One on One Sports Training
Tanning
Massage

TANNING FOR MEMBERS ONLY:

\$25.00 per month/ 3 months for \$59.00

Healthy Lifestyle Memberships

The Healthy Lifestyle membership includes an unlimited fitness membership for the outlined term and pairs you with one of our certified personal trainers for the designated amount of sixty-minute sessions to be scheduled at your convenience. These training sessions must be completed within the term of the membership. These fitness packages are being offered to **FIRST TIME** new members only.

Individual Fitness Package

1 Month Individual Fitness Membership
4 Personal Training Sessions
only **\$ 250.00**

Couple's Fitness Package

1 Month Couple's Fitness Membership
4 Group Training Sessions
only **\$ 350.00**



**GARY LYNCH
PHYSICAL THERAPY**

On location for all your sports medicine and orthopedic care.